



# GreenFriends Australia

## Living Consciously Project

### Step 2: Practise Water Conservation and Preservation

In order to conserve and preserve water, I will be mindful of the following tips in my daily life:

#### Around the house:

- Use your clothes washer and dishwasher only when they have a full load
- Do not waste water hosing down your driveway and footpath, use a broom for cleaning
- If you accidentally drop ice cubes, do not discard them but give them to a houseplant
- Collect water around the house, such as the shower water, and use it to water plants
- Purchase the most water efficient appliances possible and consider installing water tanks

#### In the bathroom:

- When preparing a bath, do not wait for the water to become hot, plug the bath and then adjust the temperature as the tub fills up
- Do not let the water run while you are washing your face or cleaning your teeth
- Monitor for possible leaks in toilets, showers and taps, and repair as soon as you can

#### In the kitchen:

- To save water and retain vegetables' flavour, use a microwave or steam them, rather than boiling
- Do not leave the water running when washing dishes by hand, have one space for soapy water and another for rinsing
- To avoid wasting drinking water, do not run the tap till it is cool but put water in the fridge
- Instead of washing fruit and vegetables under running water, use a half filled sink

#### In the garden:

- Reduce the amount of lawn needing attention by establishing native shrubs and ground cover
- Wash your car on the lawn area so the water not only cleans your car but nourishes your lawn
- Do not water if rain is forecast, think ahead by checking the [www.bom.gov.au](http://www.bom.gov.au)
- Take time to hand water your garden, this will ensure your plants receive the correct amount of water and allows you to spend relaxing time in nature
- Mulch your garden to retain maximum water
- Use grey water from your washing machine if possible

#### Outside of the home:

- Think about how you might save water in the work place. For business specific tips see: <http://www.savewater.com.au/how-to-save-water/in-business>
- Encourage your friends, family and local community to be more conscious of their water consumption by discussing issues of water shortage and promoting water saving practices

Name:

Date:

**Tips taken from or inspired by:**

Water Use It Wisely: 100 ways to conserve

<http://www.wateruseitwisely.com/100-ways-to-conserve/index.php>

GreenFriends Australia: Water Saving Tips

[http://www.ammaaustralia.org.au/Humanitarian/Amma\\_Greenfriends\\_WaterTips.htm](http://www.ammaaustralia.org.au/Humanitarian/Amma_Greenfriends_WaterTips.htm)

SaveWater.com.au

<http://www.savewater.com.au/>

Water: Your number 1 online water resource: Water saving tips

<http://www.abc.net.au/water/stories/s1864974.htm>